ABSTRACT

A molding method which includes charging a resin composition in molten state containing not less than 7 wt% to less than 30 wt% of a fibrous fiber (A) and more than 70 wt% to not exceeding 93 wt% of a resin (B) into a die for shaping purpose when a temperature of the die is in the range of [the Vicat softening point minus 20°C] of resin (B) to less than a melting point thereof, when resin (B) is crystalline resin, or when a temperature of the die is in the range of [the Vicat softening point minus 20°C] to [the Vicat softening point plus 20°C] of the resin (B), when resin (B) is non-crystalline resin, cooling the die after shaping to temperature which allows taking-out of a molded product.